

Talk #4 Jesus- the picture of brokenness on the cross for us.

Even though Jesus is God, he knows all about brokenness. He was having a really hard time in the Garden of Gethsemane. Let's read from Matthew 26:36 "Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." ³⁷ He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. ³⁸ Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." ³⁹ Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

⁴⁰ Then he returned to his disciples and found them sleeping. "Couldn't you men keep watch with me for one hour?" he asked Peter. ⁴¹ "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

⁴² He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."

⁴³ When he came back, he again found them sleeping, because their eyes were heavy. ⁴⁴ So he left them and went away once more and prayed the third time, saying the same thing.

Jesus was broken and having a tough time. He knew what was coming and that created a struggle inside of Him. He didn't want to go through what he was going to have to, but yet, He trusted God and knew what had to be done. Have you ever been so broken and sorrowful to the point of death? It might have felt like it, but you didn't die. I only know that because you are sitting here and can hear my voice! Luke 22:44 says that Jesus was in so much anguish that he prayed more earnestly and his sweat was like drops of blood.

Jesus was broken for us – He was wounded for our transgressions; He was bruised for our iniquities: the chastisement of our peace was upon Him; and with His stripes we are healed.

That is pretty broken. And it was all done just for each one of us.

Speaker should give examples of situations in his or her life when you were so stressed that it impacted you physically.

Discussion questions:

1. Have you ever been so upset, stressed, in pain that you could 'sweat blood?'
2. How did God see you through it?
3. Do you know someone 'going through it' and you could help?